

TASTE  NY

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beyond  
the  
**BIG  
APPLE**

Hudson Valley • Central New York • Sullivan Catskills



3 REGIONS, 9 DAYS,  
**COUNTLESS ADVENTURES**



**DUTCHESS  
TOURISM**  
HUDSON VALLEY REGION NEW YORK

The Hudson Valley's scenic Dutchess County is located only 90 minutes north of the Big Apple of Manhattan. Easy to reach by self-drive or train, the region is celebrated for its natural beauty. The majestic **Hudson River** and breathtaking mountains nearby are the backdrop for an area rich in history, cultural attractions and a vibrant culinary scene. Enjoy spectacular vistas while you explore sites dedicated to the **Wappinger Native Americans**, the first Dutch settlers, leaders of the American Revolution, aristocrats of the Gilded Age and a beloved U.S. president.

## HOW TO GET AROUND



New York Stewart International  
(24 km from Dutchess County)



- AVIS
- Budget
- Enterprise
- Hertz
- National



AMTRAK from NYC to Poughkeepsie and Rhinecliff and Metro-North Railroad New York City to Beacon and Poughkeepsie

## Craft Beverage

Dutchess County is home to a wealth of award-winning vineyards, breweries and distilleries. Producers like **Plan Bee Farm Brewery** grow their own ingredients to craft the perfect concoctions, and **Dassai Blue** makes their brand new sake using New York water and Yamada Nishiki rice.



## Culinary

At the helm of the Hudson Valley food scene is **The Culinary Institute of America**. Affectionately known as the CIA, the college trains students from around the world to be future master chefs. Enjoy a meal at their student-staffed restaurants, purchase some treasures at the culinary gift shop and go behind the scenes with the CIA Experience for an interactive demonstration to explore the science of taste.

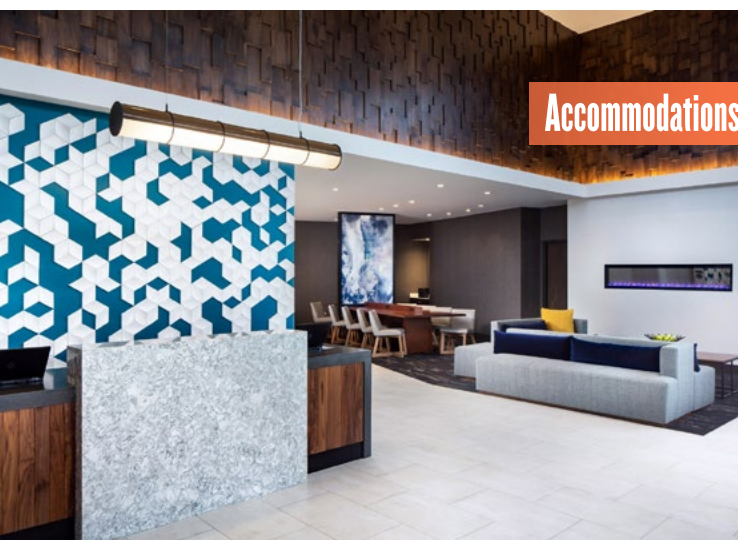
## Outdoor

Take to the skies for an open-air biplane ride at **Old Rhinebeck Aerodrome**. Take in the stunning views on the world's longest elevated pedestrian bridge at **Walkway Over the Hudson**. Or take your time in the meditative cup gardens of **Innisfree Garden**, a sublime combination of rock, water, wood and sky. Take a walk on the wild side at **Trevor Zoo**, America's only accredited zoo on a high school campus. Explore the grounds where students care for more than 180 exotic and indigenous animals, including eight endangered species. Take the plunge on the thrilling waterslides at **Splashdown Beach** against a backdrop of mountain views!



## Iconic Attractions

Travel back in time inside America's first presidential library and museum, take a guided tour of the **Springwood** estate of President Franklin D. Roosevelt and **Val-Kill**, the only National Historic Site dedicated to a first lady. Visit the rose garden gravesites of Franklin and Eleanor Roosevelt and tour **Vanderbilt Mansion** for an encounter with Gilded Age aristocracy.



## Accommodations

**Beekman Arms Delamater Inn, Rhinebeck**  
[beekmandelamaterinn.com](http://beekmandelamaterinn.com)

**Hampton Inn, Fishkill**  
[hamptoninn.com](http://hamptoninn.com)

**Hyatt Place, Poughkeepsie**  
[hyatt.com](http://hyatt.com)

**Best Western Plus, The Inn & Suites at the Falls, Poughkeepsie**  
[bestwestern.com](http://bestwestern.com)



# CENTRAL NEW YORK

Between the world-famous waterfalls and the world-class city, travelers find themselves at the center of it all in Central New York state. From its designation as “America’s Craft Brew Destination” to its kilometers of countryside and the meandering [Erie Canal](#), Central New York lays claim to the ultimate American experience. Here you’ll find the [National Baseball Hall of Fame and Museum](#), countless Main Street USAs and historic villages that reflect classic small-town life in the U.S.



## HOW TO GET AROUND



Hancock International  
Airport, Syracuse



- Enterprise Car Rental
- Budget
- AVIS
- Hertz



AMTRAK to  
Amsterdam, Utica,  
Rome, Syracuse

## Craft Beverage

Central New York's legendary hop yards produced 90 percent of the nation's hops in the late 1800s and the state is a top five beer producer in the U.S. today. Known as **Brew Central**, this region brings together the stories, traditions and tastes behind a growing constellation of breweries, craft-centric pubs, cideries, distilleries and wineries in Central New York. Visitors to Brew Central can get a taste of history at **F.X. Matt Brewing Company**, a four-generation legacy brewery, or explore the more contemporary stylings of **Brewery Ommegang**, producer of the Game of Thrones beer for the popular HBO series.



## Culinary

In addition to farm-to-table meals steeped in our rich agricultural heritage, you can also pick a bounty of apples or pumpkins at any one of Central New York's numerous family farmsteads like **Critz Farms** during harvest season. Binghamton's signature dish, **spiedies** (marinated skewered meat), are supreme Central New York fare. Other regional specialties include **chicken riggies** (pasta), **tomato pie**, **half-moon cookies** and **Utica Greens** (escarole), which have been featured on national television.

## Outdoor

From the southern tip of New York's famous Adirondack Park to the peaks of the Catskill Mountains, Central New York unfolds in rolling hills, stunning lakes and state forests. Hike or backpack 560 kilometers of trails to explore the varied landscape, discovering waterfalls and tuckedaway watersheds as you go. Climb aboard the **Adirondack Railroad** for amazing views of stunning vistas and pristine forestlands. Peddle the rails with **Rail Explorers** in Cooperstown.



## Iconic Attractions

The **Herkimer Diamond Mines** feature phenomenal gemstones believed to be close to 500 million years old and exclusive to the area. You can unearth them as unique souvenirs. Visitors can explore a "newer" piece of history at **Fort Stanwix National Monument**, a reconstructed 18th-century post known for its critical role in the American Revolution. Take a nostalgic ride on one of Binghamton's six historic **Carousels**. Add a modern touch to your trip with **Turning Stone Resort Casino**, which offers a gorgeous getaway featuring luxurious accommodations, fine dining, celebrity entertainment and Las Vegas-style gaming.



## Accommodations

Rosemont Inn B&B, Utica

[rosemontinnbb.com](http://rosemontinnbb.com)

Oneida Community Mansion House, Oneida

[oneidacommunity.org](http://oneidacommunity.org)

Holiday Inn, Utica

[holidayinn.com/officialsite/utica](http://holidayinn.com/officialsite/utica)

Visions Hotels, Utica & Binghamton

[visions-hotels.com](http://visions-hotels.com) for contracting: DoubleTree, Fairfield Inn, Hampton Inn, Holiday Inn, Home2, Towneplace Suites, Tru by Hilton, Wingate





# SULLIVAN CATSKILLS

The Sullivan Catskills is renowned as America’s first vacationland for its exceptional beauty, quaint villages and outdoor recreation. It is the site of the original 1969 **Woodstock Festival**, birthplace of American fly fishing and home to the **National Park Scenic Wild Delaware River**. It serves as the gateway destination to the historic Catskill Mountains and is only 90 minutes or less from New York City and 4 international airports. Today, we now have new and exciting state-of-the-art resorts, 4 and 5-star distinguished inns, incomparable farm-to-table cuisine, exciting outdoor adventure and award-winning breweries, distilleries and wineries.

## HOW TO GET AROUND



90 minutes or less from New York City and 4 international airports:

- New York Stewart
- LaGuardia
- JFK
- Newark International Airports



- Zip Car
- Enterprise Car Rental



Metro North Railroad to Port Jervis or Middletown

## Craft Beverage

Take a scenic road trip through sweeping and colorful vistas of the Sullivan Catskills to its award-winning breweries, distilleries and wineries on the **Good Taste Beverage Trail**. Our one-of-a-kind crafters use pure Catskill Mountain water with the freshest local ingredients to create some of the most celebrated artisan brews in the U.S.

You'll find specialty prized brews for every palate, such as Callicoon Brown Cow Porter at the **Callicoon Brewery**; Devil's Path IPA found at the **Catskill Brewery**; or the award winning robust Brown Ale at the **Roscoe Beer Company**. Then head to New York's voted No. 1 brewery, **Shrewd Fox Brewery**. Try the organic lavender wine at the **Bashakill Vineyards** or a crisp, fresh craft cider made by **Seminary Hill**.

Prefer spirits? **Catskill Provisions** in Callicoon features award-winning Spirits. At Do Good Distillery in Roscoe, you'll find the esteemed Bootlegger 21 New York Gin, Vodka and Whiskey.



## Culinary

The Sullivan Catskills culinary scene is exploding! Local chefs are creating new and pioneering cuisine that utilizes farm-to-table philosophy which draws visitors from New York City and beyond. Many of our chefs forage their own food or personally hand-select only the finest organic locally sourced products. Our Michelin-quality restaurants such as **Kenoza Hall**, **Cellaio**, **The Heron**, **The Eldred Preserve**, and **The DeBruce** create unique culinary experiences that have been written about in the Wall Street Journal and New York Times as well as featured on travel channels throughout the globe.

## Outdoor

Our destination is also home to American fly fishing, **Fly Fishing Hall of Fame** and legendary fishing rivers such as the Beaverkill and Willowemoc as well as the **National Park Scenic Wild Delaware River** and its aligning boutique-style villages known for great beauty, hiking, wildlife and water adventure opportunities like kayaking, fishing, whitewater rafting and zip-lining.



## Iconic Attractions

The Sullivan Catskills is known for the 1969 **Woodstock Festival**, You can still feel this event's magical impact today at the **Bethel Woods Museum**, where you are taken back in time to experience the energy of 1969 and the Woodstock Festival. Bethel Woods Museum is housed on the campus of the **Bethel Woods Center for the Arts**, which has one of the finest amphitheaters in the United States as well as a hub for year-round outdoor events--including **Catskill Cuisine**, **Harvest Festival**, **Peace Love & Lights** and **Peace Love & Pumpkins**. Don't miss our **Dove Trail** which is the largest public art installation trail in the United States.



## Accommodations

Beaverkill Valley Inn, Livingston Manor  
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[beaverkillvalleyinn.com](http://beaverkillvalleyinn.com)

The Eldred Preserve, Eldred  
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[eldredpreserve.com](http://eldredpreserve.com)

The Inn at Lake Joseph, Forestburgh  
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[lakejoseph.com](http://lakejoseph.com)

North Branch Inn, North Branch  
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[northbranchinn.com](http://northbranchinn.com)

Nine River Road, Callicoon  
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[nineriverroad.com](http://nineriverroad.com)

Villa Roma Resort, Callicoon  
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[villaroma.com](http://villaroma.com)



**DUTCHESS  
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